


November 2017

Reimbursable Meal-\$2.50 Includes meat/meat alternative, fruit, vegetable, whole grain and milk.
Choose 3 or all 5 but one must be a 1/2 cup of fruit or vegetables **Ala Carte Entrée-\$2.00**

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1 Three Cheese Calzone, marinara sauce, dilled carrots	2 Hot Dog Bar, Assorted toppings, French Fries,	3 Orange – 4 Ginger pop-corn Chicken, Broccoli, brown rice	
5	6 Beef filled Taco Triangles, salsa, Black beans	7 Grilled Cheese, Tomato soup, Green beans	8 Meatball Hoagie, green beans	9 The Max Cheese Quesadilla, salsa, golden corn	10 VETERAN'S DAY	11
12	13 French Toast, turkey sausage, roasted sweet potatoes	14 Sriracha Chicken Bites, Green beans	15 Chicken Soft Tacos, lettuce, cheese, salsa, sour cream, black beans	16 Chicken and mashed potato bowl, chicken gravy, golden corn	17 Cheese Ravioli, marinara sauce, spring peas	18
19	20 General Tso's chicken, brown rice, broccoli	21 Cheese filled lasagna roll up, green beans	22	23  <small>shutterstock - 102661451</small>	24	25
26	27	28 Pasta with meatballs and marinara, Three bean salad	29 Pierogi with onions, spring peas	30 Nacho Bar, ground beef, salsa, jalapeno, black beans		

Available Daily

Peanut Butter and Jelly

**Grab and Go Sandwiches:
Chicken Patty
Spicy Chicken Patty
Cheeseburger
Chicken nuggets**

Salad Bar

Deli Bar

Fresh Vegetable, hummus and pita platter

Yogurt and Granola Parfait

Fresh and canned fruits

Fresh Vegetables

Daily Pizza Selections

**Smart Snacks and Beverages
Prices Vary**

	<i>M</i>	<i>T</i>	<i>W</i>	<i>Th</i>	<i>F</i>	
	Breakfast Sandwich	Apple Frudel	Waffles	Breakfast on a Stick	Blueberry Pancakes	
	Scrambled Egg and Cheese on English Muffin	Warm Apple Stuffed Strudel	Mini Maple Waffles	Sausage Link wrapped in pancake	Mini Blueberry Pancakes	
			Syrup	Syrup	Syrup	
	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	Fresh Fruit	
	Milk	Milk	Milk	Milk	Milk	
	AlaCarte Items also available Prices vary	AlaCarte Items also available Prices vary	AlaCarte Items also available Prices vary	AlaCarte Items also available Prices vary	AlaCarte Items also available Prices vary	

Reimbursable Breakfast: \$1.35 consists of milk, whole grain, and choice of fruit
 Available Daily: Yogurt, cereals, fresh fruit, juice, bagels and assorted smart snacks

Menu Subject to change without notice upon product availability

LPPACS Breakfast Menu