November 2024

	Sun	Mon	Tue	Wed	Thu	Fri	Sat
						Teacher In-Service No School	2
3		4 Asynchronous Day	5 Pasta with Meatsauce, Green Beans	6 Pineapple BBQ Pork, Brown Rice, Broccoli	7 Chicken Par- mesean, Mixed Vegetables, Din- ner Roll	8 Chicken Teriya- ki, Brown Rice, Broccoli	9
10		VETERANS WHO SHAPE AND	12 Mozzarella Sticks, Marinara Cup, green beans	Chicken and Black Bean Fa- jita, Peppers and Onions, Cheese, Salsa	14 Cheese Ravioli with Marinara, Green Beans	15 General Tso's chicken, Brown Rice, Broccoli	16
17		18 Corn Dog with Potato tots	19 BBQ Pulled Pork Sandwich, Baked Beans	20 Mexican Pizza, Corn	21 Macaroni and Cheese, Roll Mixed Vegeta- bles	Chicken Mashed Potato bowl, gravy, corn, din- ner roll	23
24		Chicken Soft Taco, Black Beans, Salsa, Cheese	26 Chicken Tikka Masala, Brown Rice, Naan bread, Broccoli	- Ch	anks	APPY Living	

Reimbursable Meal-\$2.50 Includes meat/meat alternative, fruit, vegetable, whole grain and milk. Choose 3 or all 5 but one must be a 1/2 cup of fruit or vegetables

Ala Carte Entrée-\$2.00

Uncrustable PB&J Sandwiches: Mon-Chicken Patty Tue-Spicy Chicken Patty Wed-Cheeseburger/Veggie Burger Thu-Chicken Nuggets Fri-Fish Sandwich MTO Deli Bar Fresh Vegetables Fresh and canned fruits